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DIGNITY THROUGH BREAD

How a Café in Madrid Gives to the Poor

During the day, the Robin Hood café serves an ordinary menu, featuring coffee and croquetas. Situated in Madrid, Spain, the café, which opened late last year, has quickly become a neighborhood staple. And it's not because they serve the best croquetas you've ever had.

It's the way the café operates that makes it unique. Once evening rolls around, the café becomes something more than an ordinary eatery. It becomes a sanctuary for Madrid's impoverished — those who cannot afford a meal.

As a result of Spain's troubled economy, the number of people who cannot afford basic necessities has risen — and the folks behind the Robin Hood café have responded. The café is operated by a local charity, Mensajeros de la Paz, messengers of peace. The mission of the café is to feed at least 100 homeless people every night.

The man behind the concept, Father Ángel García Rodríguez, said he was inspired by Pope Francis, who has "spoken again and again about the importance of giving people dignity, whether it's through bread or through work."

"So, we thought," Father Rodríguez said, "Why not open a restaurant with tablecloths and proper cutlery and waiters? People with nothing can come and eat here in the restaurant and get the same treatment as everyone else."



Father Rodríguez does stress that, while the café is named after the English folk hero, the establishment does not rob from the rich to give to the poor. Instead, the "rich" — the patrons who dine at the restaurant during the day — merely help to pay for the meals the café prepares for those in the evening who cannot pay.

And those meals have people talking. It's not your ordinary soup kitchen fare. Rather, the food has been described as "sophisticated." One visitor to the café, a homeless man, called the food, "great and very elegant." He appreciates everything the café has done for him, and that includes making him feel welcome.



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MAKING MY PRACTICE PERFECT

WHAT BEING SCAMMED ON EBAY TAUGHT ME ABOUT MY BUSINESS

For four years, I've been working diligently on my '78 Toyota Land Cruiser. I had a Jeep CJ7 in college, so I always loved the tough, old Toyotas. So, a few years ago, I went online and bought an FJ40 on eBay from a guy in Washington who seemed reputable based on his many stellar reviews. When the truck arrived, it didn't seem quite right. Granted, they ride like an old barn wagon anyway, but the engine knocked and the truck rattled over 35 mph.

Thank goodness for online forums. I started asking around on one of several online Cruiser communities, searching for someone who might be able to look at my new (old) machine and diagnose the problems. Luckily, I got in touch with Jim in Lancaster, Ohio, a guy known in the Cruiser world for his extensive expertise. He looked at it and I discovered all too quickly I'd been swindled by the guy in Washington. Jim completely rebuilt the engine and the transmission and got all the mechanicals in great working order. He was really cheap and slower than molasses — but I'm not complaining. My rig came back to me in tip-top shape, though it still needs some body work.

I like to spend time tooling around in it when I need a brain break — it helps clear the cobwebs. My sons ask, "Hey, that's great — when can I start driving it?" (Hint: Don't hold your breath!)

I've also been spending a lot of time retooling my practice, just like that old Land Cruiser. I've found that I needed a tuneup on the business aspects of running a law firm.

That eBay seller that burned me had a ton of reviews, but after some digging, I learned that many of them were fake, drawing guys like me into doing business with him and then providing a worse-than-terrible product. His business was essentially the opposite of my firm — he knew how to get the word out and how to look good

to his prospects, but when they finally put down some money, he would fail to deliver, then vanish from contact. I've long been dedicated to being the best workers' compensation lawyer in my area and have always worked tirelessly to get my clients the benefits they deserve, but I used to struggle with the marketing components of my business.



To be frank, most lawyers are terrible businesspeople. We get into our practices to practice law, not to self-promote. In school, they don't teach us how to run a business, and many of us find it difficult to make people who need our services aware that we exist. Honestly, a lot of attorneys assume that they'll get out of school and hang up their shingle and clients will just flock to them.

Unfortunately, that's not how it works. I am passionate about helping people, but in order to do so, I need to work to make them aware of my services. It's been exciting to learn how to better share my experience and expertise and provide those in need with information that they can use to improve their situation, even if what they learn is that they don't always need to hire an attorney.

Whether you're buying a fixer-upper on eBay or looking for legal support for your workers' compensation claim, it's important that you learn everything you can about the guy or gal to whom you give your money. Building trust, rapport, and top-notch service with anyone who comes into my office has always been a priority. My newly developing business acumen simply allows me to reach out more effectively to those who need me.

- Jim Monast

STREAMLINE YOUR STORAGE SPACES

Making Room in a Crowded Home



All homes could use more storage space. Everyone has their list of items that end up getting “put away” in different places — or those items they can never seem to find. Most homes can gain a little extra capacity through smart organizational systems. Here are a few tips for increasing organization and streamlining the storage space in your house.

A great place to start is to categorize the items you need to store. While having one or two spaces for miscellaneous items doesn't hurt, the more junk drawers you have, the more likely it is items will end up there, making them hard to find and track. Find a

logical, intuitive location for items, and you will be surprised by how naturally organization follows.

Specific containers will help you make sure items end up where they belong. The Container Store is an awesome resource for finding all sorts of useful storage contraptions that will fit spaces of any size and shape. Use little dry-erase boards, also available through The Container Store, to relabel and repurpose containers as needed. Check out their website and receive free shipping on orders over \$75.

Don't be afraid to seek unique solutions when it comes to storage. If you have high ceilings in your kitchen, for example, you can hang pots and pans from hooks. Large objects like bicycles, which use up a lot of ground space, can be hung from walls in your garage. The website ABowlFullOfLemons.net has all sorts of clever home organization hacks, and they have even published a book called “The Complete Book of Home Organization,” which is an invaluable resource.

With an open mind and a little ingenuity, you will be surprised at how much extra storage space you can create.



Marc S.

Marc S. was employed by Muskingum when he sustained a devastating injury at 41 years of age. He fell out of the back of a moving pickup truck, striking his head on the pavement and losing consciousness. His skull was fractured, and blood clots developed on his brain. He was diagnosed with a traumatic brain injury. In addition to his physical injuries, his TBI resulted in a profound personality change. He has required ongoing residential treatment in a program that can support his complex medical and behavioral needs and will require lifetime care.

Not long after his injury, we were instrumental in obtaining approval for Marc to be transferred to a nationally recognized center in Pennsylvania for long-term treatment of his condition. Following several years at this facility, his condition improved enough that we were able to assist in having him relocated back to Ohio to be closer to family, including his brother, who has been granted guardianship.

After several years of temporary total disability benefits, as his condition continued to show modest but steady improvement, we were able to obtain a 72 percent disability rating for Marc and have him placed on permanent total disability. Compensation and medical benefits paid and payable in his claim total several million dollars.

IMPRESSIVE CASE RESULTS

HURT ON THE JOB?

The 3 Most Common Types of Work-Related Injuries

Workplace and job-related injuries are as varied as the people involved. But one thing is clear: Whether they're construction accidents, factory accidents, conflict injuries, or accidents resulting from a safety violation, certain types of accidents are more common than others.

Here's some data, courtesy of the Ohio Bureau of Workers' Compensation, highlighting the three biggest categories of compensable injuries:

Slips, Trips, and Falls on the Job

Nearly one third of injury claims result from a slip, a trip, or a fall. All too often, people slip on ice, snow, water, grease, or defective flooring, or trip over objects obstructing the walkway. Such injuries can result in significant disability, lost wages, work restrictions, and even permanent disability. These injuries can greatly hinder a worker's ability to perform gainful employment, and thus earn a living, and can impair the ability to perform and enjoy basic activities of daily life.

Overexertion on the Job

Another third of injury claims are related to overexertion. Typically these injuries have to do with lifting, pushing, pulling, bending, twisting, repetitive motions, or awkward postures. Interestingly, professional truck drivers are at increased risk of carpal tunnel syndrome, not from overexertion but from the steering wheel vibrations that accompany their long hours behind the wheel.

Auto Accidents and Assaults on the Job

The third main category actually involves a hodgepodge of injuries, such as auto accidents, assaults on the job — like those that occur with police or corrections officers — becoming caught in or compressed by machinery, or being struck by objects. Each of these can result in significant disability and ongoing impairment, including amputation or loss of use of body parts.

Regardless of any work-related injury you might suffer from, it's important to know your options when it comes to workers' compensation. Give us a call and schedule a consultation today!



ABBY'S APPETIZERS

THE EASIEST HOMEMADE CORNED BEEF YOU'VE EVER MADE



INGREDIENTS

- 1 onion, cut into wedges
- 4 potatoes, peeled and quartered
- 1 pound carrots, cut into large chunks
- 3 cups water or broth
- 3 cloves garlic, minced
- 1 bay leaf
- 2 tablespoons sugar
- 2 tablespoons apple cider vinegar
- ½ teaspoon ground black pepper
- 1 (3-pound) corned beef brisket with spice packet, cut in half
- 1 small head cabbage, cut into wedges

DIRECTIONS

1. Place onion, potatoes, and carrots in a 5-quart slow cooker. Combine water, garlic, bay leaf, sugar, vinegar, and contents of spice packet in a small bowl; pour over vegetables. Top with brisket and cabbage.
2. Cover and cook on low until meat and vegetables are tender, 8 to 9 hours. Remove bay leaf before serving.

Recipe Inspired by Allrecipes.com.

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ANSWERS

9	8	1	7	9	6	4	3	2
6	7	3	2	1	4	5	8	6
8	4	2	3	5	7	9	1	5
2	1	6	5	4	9	8	7	3
3	5	7	1	6	8	2	4	9
4	2	9	6	7	3	1	5	8
1	3	5	4	8	2	9	6	7
7	6	8	9	5	1	3	2	4

